

Report on National Webinar “Boost Your Immunity”

With the blessings of Navgan Shikshan Sanstha, having constant encouragements of our respected Principal Dr. Baliram Rakh, a National Webinar is conducted in order to enhance online learning skills of our faculties and students, the department of Home Science is hosting on the following schedule and topic:

Topic: Boost Your Immunity

Date: 09/02/2021

Time: 11.00 a.m. to 12.30 p.m.

For this Webinar registration link using Zoom ID was created. The link was circulated among students and faculties of various departments.

Respected Dr. Seema Atul Pande, Assistant Professor, Department of Home Science VMV Commerce, JMT Arts & JJP Science College, Nagpur was a Resource Person.

The Webinar began at 11.00 a.m. in the presence of all faculty member of Home Science department, Principal, Vice Principals, P.G. Director and college staff.

Smt. Archana Chavare, Assistant Professor & Head Department of Home Science, Vasantdada Patil College, Patoda started with warm welcome of Resource Person, Administrative officers of Sanstha & College & all participant. The Inaugural talk was delivered by IQAC Coordinator and P.G. Director Dr. Manojkumar Prakash on the behalf of respected Principal of college Dr. Baliram Rakh. The brief introduction of Resource was given by Smt. Manisha Gadhave, Assistant Professor, Department of Home Science, Vasantdada Patil College, Patoda.

The Webinar witnessed an active participation from Research Scholars and faculty members across not only from the subject Home Science but also from different subjects of arts, commerce and science.

The total 229 participants registered for the Webinar. Nearly above 100 participants from various colleges joined the webinar virtually in that 20 participant was from out of Maharashtra.

The webinar was structured in a PPT with visual impact. The functional foods, Immune System, Physical fitness, Food Pyramid was explained by the Resource Person. The webinar was started with the immunity system and low immunity. The Resource Person explained eating smart strategies, importance avoidance of stress while eating. She highlighted on eat early eat often and listen to your body. She referred different food stuffs in diet and their role as a immunity booster.

It was very informative session which helped everyone imbibe knowledge about Immunity Booster.

A total 100 people participated in the interactive session with an intensive question/answer session at conclusion.

Smt. Archana Chavare, Assistant Professor & Head Department of Home Science, Vasantdada Patil College, Patoda proposed the vote of thanks.

Finally we collected feedback form also from participants. Total 171 participant filled feedback form and get auto generated certificate of participation on their provided email ID.

Registration link:

https://docs.google.com/forms/d/e/1FAIpQLSdfAzB_KnRYNw_AuFN03WqisB5lwY9JegUWAbtmeBdlGpvEJw/viewform

Zoom Meeting Link:

<http://us02web.zoom.us/j/85787275990>

Feedback link:

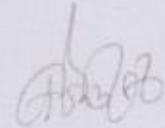
<https://docs.google.com/forms/d/e/1FAIpQLSdj2xZgqHdm-K9k29l-lyluz8YSf08UROIMW5HNBaM248c4nQ?viewform>

Enclosures:

- Invitation of Webinar to Resource Person
- Broacher of the Webinar
- Staff and Participants photo in virtual Webinar
- Evidence of Webinar Attended

Organizing Committee Members:

- Smt. Archana Chavare (Head & Asst. Prof. Department of Home Sci.)
- Smt. Manisha Gadhave (Asst. Prof. Department of Home Sci.)



PRINCIPAL
Vasantkada Patil College,
Patoda, Dist. Beed.