

Navgan Shikshan Sanstha Rajuri's

Vasantdada Patil Arts, Commerce & Science College, Patoda

Department of Home Science

Academic Year: 2020-2021

Report on Guest Lecture "Anemia- Iron Deficiency"

25th September 2021

Objectives of the Activity:

The aim of this activity is to deliver knowledge about Importance of Iron in daily meal, deficiency diseases of Iron, sign and symptoms of Iron deficiency and rich sources of Iron.

Activity Details:

This guest lecture was organized on **25th September 2021** for the all students studying the subject Home Science as well as needy people in society. **Dr. Varsha Zanvar (Dodiya), Assistant Professor, Department of Home Science, Shri Yoganand Swami Arts College, Basmatnagar, Dist. Hingoli, Maharashtra** delivered this lecture covering Iron in daily meal, deficiency diseases of Iron, sign and symptoms of Iron deficiency and different dishes prepared from Iron rich food stuff. Total **52** students as well as needy people participated.

Outcome:

With this lecture, all participants came to know about Anemia- Iron deficiency in detail. They were also enlightened on how to enrich recipes with Iron.

Subject Teacher:

- 1) Smt. Archana Chavare
- 2) Smt. Manisha Gadhare

Principal

Principal
Vasantdada Patil Arts, Comm.
Sci. College Patoda, Dist. Beed