



(Navgan Shikshan Sanstha Rajuri's)

VASANTDADA PATIL ARTS, COMMERCE & SCIENCE COLLEGE, PATODA. TQ. PATODA. DIST. BEED. MAHARASHTRA

Reaccredited 'B' grade by NAAC
ISO 9001:2015 certified

PRINCIPAL
PROF. BALIRAM V RAKH

SECRETARY
DR. YOGESH B. KSHIRSAGAR

Website: www.pvpcollegepatoda.org,

E-mail: pvp_patoda@rediffmail.com/pvpapatoda@gmail.com

VPCP/2026-27/

Establishment of Mental wellbeing Club

Introduction:

A **Mental Wellbeing Club** is an organized group established to promote mental health, emotional wellbeing, stress management, positive thinking, and healthy relationships among students. It provides a supportive and inclusive environment where individuals can learn about mental health, share their concerns voluntarily, and develop healthy coping strategies.

Objectives of the Club:

- To create awareness about mental health and emotional wellbeing.
- To promote stress management and relaxation techniques.
- To encourage positive thinking, self-confidence, and self-esteem.
- To develop emotional intelligence and interpersonal skills.
- To identify individuals who may need professional mental health support and guide them towards appropriate services.

Composition of Mental wellbeing Club

Sr. No.	Name of member	Designation	Designation
1.	Prof. Baliram V. Rakh	Principal	President
2.	Dr. Abhay R. Kshirsagar	Vice- Principal	Vice- President
3.	Dr. Ganesh L. Pachkore	P.G. Director	Secretary
4.	Dr. Sonaji V. Gayakwad	IQAC Coordinator	Joint Secretary
5.	Mr. Anil Jogdand	Vice- Principal (Jr, College)	Treasurer
6.	Mr. Dayanand Sarpate	Supervisor (Jr, College)	Member
7.	Prof. Kakasaheb G. Pokale	Professor	Member
8.	Dr. Manisha M. Gadhave	Associate professor	Member
9.	Mr. Shaikh Irfan	Lecturer	Counsellor/Advisor
10.	Dr. Bhimrao J. Rathod	Associate professor	Club Coordinator
11.	Kokane Saurabh Ravindra	Students	Students representative

Coordinator

Principal
Principal
Vasantdada Patil Arts, Commerce
& Sci. College, Patoda, Dist Beed

